



Outside was the silence,
a sense of calm and peace
against the green and blue
of the landscape, being held in
comfort by the trees—all there to
nourish the spirit...

...and inside, what a vibrant community!
Everyone pitching in to help, welcoming and
helpful caring, exuberantly happy kids,
three-generation groups, good cheer and

contagious laughter. Meals
nourishing to body
and well-being.
Connections with
new acquaintances
feeling like
truly fortunate
discoveries.

—2008 Participant

Photos courtesy of Elva Atha



Camp Sasamat

Set in the natural splendor of Belcarra Regional Park, the camp offers swimming, boating and hiking. Commune with Unitarians and friends new and old—chat, enjoy the water and woods and take part in activities in a cooperative atmosphere. That's Unitarian Family Camp!

Tentative Schedule

Friday, June 4

6:00 pm	Registration, snack table
7:30 pm	Ingathering
8:30 pm	Youth Meeting
8:30 pm	Campfire, jam session, sing-along, hot dogs provided
11:00 pm	Quiet time

Saturday, June 5

8:30 am	Breakfast
10:00–11:30 am	Optional Choral Workshop
10:00–12:30 am	Children's Program
12:30 pm	Lunch
1:30–4:00 pm	Choral Workshop, Children's Program
1:00–5:00 pm	Canoeing and Kayaking (see the waterfront attendant)
4:00 pm	Afternoon snack
6:00 pm	Dinner
7:30 pm	"No Talent" Show
9:00 pm	Campfire, jam session, sing-along, dance until late
11:00 pm	Quiet time

Sunday, June 6

8:30 am	Breakfast
9:45–10:45 am	Choral Workshop continued
11:00 am	Intergenerational Worship Service
12:30 pm	Lunch
1:00–5:00 pm	Canoeing and Kayaking (see the waterfront attendant)
5:00 pm	Camp ends

Children's Program

Children will be supervised by a qualified leader. Activities will include crafts, sports and games.

Optional Workshop

"People let's spread da word—Hallelujah!!" with Kathryn Nicholson

Saturday, June 5th, 10–11:30 am, 1:30–4 pm

Come and experience the uplifting spirituality of making music together as we sing the "good news" from faith traditions around the world.

Dynamic choral conductor and irrepressible spirit—Kathryn Nicholson is the current Music Director of the Vancouver Universal Gospel Choir. Read her impressive biography at www.universalgospelchoir.ca



Camp Facilities

Lodge

- covered porch
- main hall with fireplace
- washrooms, showers, laundry
- pay phone on the outside deck

Cabins

- private or shared
- electric lights and heat
- single/double bunk beds with foam mattress

Grounds

- private beach
- dock
- rope/adventure playground
- trail around Lake Sasamat
- canoes, kayaks, life jackets when attendant on duty in the afternoon

Camp Protocol

Safety

- For safety and liability all campers must be registered.
- Registrants may financially sponsor non-family campers. Sponsors of minors (one child per adult) must submit the Sponsorship Permission Form (below) along with their own registration.
- We use the buddy system at all times during outdoor activities:
 - All swimmers must have a buddy
 - Hikers must have two buddies
- An adult or responsible youth must be in attendance at the waterfront, at the ropes, or on hikes, with parental permission.
- Parents or sponsors are responsible at all times.

Mealtime

- We have a catered camp with preparation and cleanup by camp staff. Advance notice is needed to prepare the correct quantities for meals.
- Dining room setup and cleanup is by camper volunteers, sign-up board in the dining hall.
 - Mealtimes are strictly observed, latecomers cannot be served.
 - Special Dietary Needs: Please contact the camp registrar, Dan Theal, at dantheal@yahoo.ca. He will let you know if the camp can accommodate you. Special needs foods can be brought to camp, labelled, and placed in the refrigerator in the kitchen area off the main hall. Microwave available.
 - Camp dishes must be kept in the dining room. Bring a travel mug/dish if you wish to take food or drink outside.
 - Canteen after lunch and dinner is run by youth and children.

Sponsorship Permission Form

I, _____ (parent or guardian), give permission for my child, _____ to attend Beacon Unitarian Church Family Camp June 4, 6 and 7, 2010 under the sponsorship of _____.

I give my permission for whatever emergency treatment and/or hospitalization is necessary until I can resume care, and for transport to where such care can be given. I understand that each person attending camp takes responsibility for respecting and adhering to general safety rules including water safety and I have ensured that my child/youth understands the importance of doing so.

Emergency Telephone (parent): _____

Home Phone: _____ BC MSP #: _____

Allergies: _____

Parent/Guardian signature: _____

Sponsor signature: _____

Registration Form

Registration Deadline: April 30, 2010

Early Bird Deadline: Feb. 28, 2010

Name: _____

Address: _____

Tel/Cell: _____ Email: _____

Additional campers covered by this registration:	Age, if child
_____	_____
_____	_____
_____	_____

Full weekend	Early Bird Rate by Feb 28/10	Regular Rate by Apr 30/10		
_____ Adult(s)	@ \$115 ea	\$130 ea	=	\$ _____
_____ Child(ren) (3-17)	@ \$108 ea	\$115 ea	=	\$ _____
_____ Child(ren) (under 3)	@ Free	Free	=	\$ _____

Preferred Accommodation

- 2 bed cabin (attached) 4 bed cabin (attached)
 6 bed cottage (detached, preferred proximity to main lodge: far close)

As the camp fills up, it may be necessary to share your accommodation.

I prefer to share with: _____

Day Campers (includes 1 meal and use of camp facilities)

Saturday, June 5th

_____ Adult(s)	@	\$30 ea	=	\$ _____
_____ Child(ren) (3-17)	@	\$30 ea	=	\$ _____

Sunday, June 6th

_____ Adult(s)	@	\$30 ea	=	\$ _____
_____ Child(ren) (3-17)	@	\$30 ea	=	\$ _____

Note: "Sunday lunch only" is the same rate as a day camper.

Choral Workshop

Saturday, June 5th, 10-11:30 am, 1:30-4 pm

_____ Full weekend camper(s)	@	\$35 ea	=	\$ _____
_____ Saturday workshop with lunch and use of camp facilities	@	\$65 ea	=	\$ _____

Tax deductible donation to help someone else come to Sasamat: \$ _____

Total: \$ _____

Subsidy requested

Make cheques payable to "Beacon Unitarian Church" and send with form to:
 Beacon Family Camp Registrar, #41 - 8400 Forest Grove Drive, Burnaby, BC V5A 4B7.
 Cheques may be post dated to applicable registration deadlines.

What to Bring

Recommended

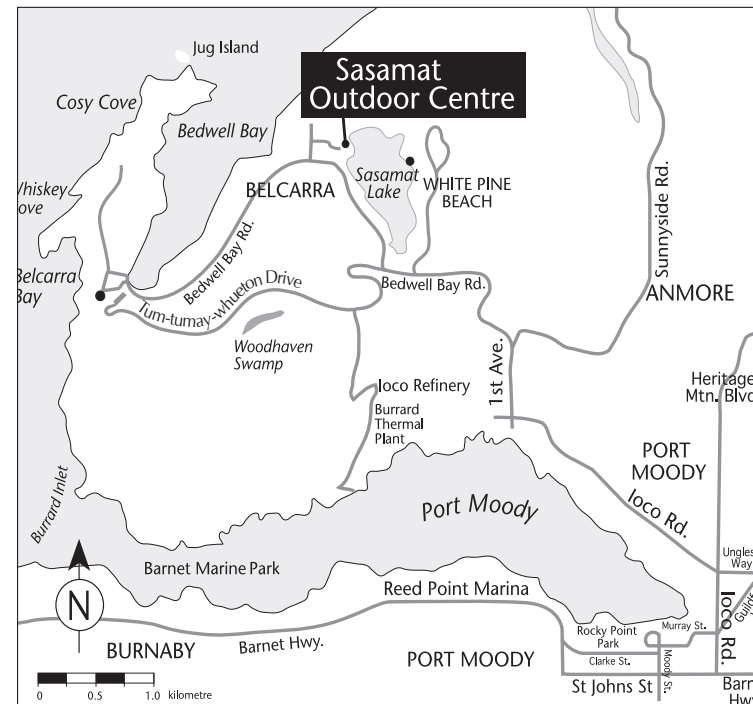
- flashlight (paths leading to the cabins from the main lodge are not lit at night)
- clothes for cold, rain, heat, extra shoes, umbrella
- towel, face cloth, soap, personal care items
- sleeping bag, pillow, (foam pad for extra comfort if you sleep on your side)
- earplugs (for light sleepers)

Optional items

- camera
- sunscreen, sun glasses, insect repellent
- sports equipment: swimming suit and towel, bocce set, balls, badminton, boat (no motors) and life jackets
- sand toys for younger campers
- cards, board games, puzzles, books
- musical instruments, songs, battery operated CD player, CDs
- ideas, talent, costumes for the "No Talent" show
- change for the canteen
- favourite grace for meals, spoken or sung

Location

Sasamat Outdoor Centre is set amongst the trees of beautiful Sasamat Lake, only 15 minutes from Port Moody. Drive NW on loco Road, following the signs to Belcarra. Turn right onto 1st Ave and continue as it turns into Bedwell Bay Road. Drive past the turnoff to White Pine Beach. Turn right at the stop sign, towards the Village of Belcarra. Turn right when you see the sign for Sasamat Outdoor Centre, at the bus stop at Senkler Road. Follow the dirt road to the camp.



Unitarian Family Camp at Sasamat Outdoor Centre

Friday, June 4th, 6 pm — Sunday, June 6th, 5 pm

Camp Sasamat 2010

June 4-6

